

ENVIRONMENTAL HEALTH

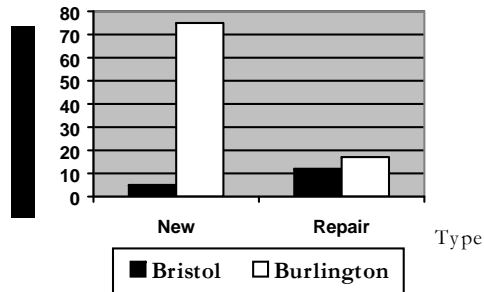
Septic and Sewage

The environmental staff is responsible for review of septic system designs, system inspections, and soil testing for new and repairs of sewage disposal systems.

The State requires any property owner with an on-site septic system to obtain a permit from the health department prior to any building conversions, change in use, or building additions including, but not limited to, decks, sheds, and pools.

Plans Reviewed	150
Inspections	375
Soil testing	544
Building additions (B100 permits)	77
WPCA Monitoring Program	49

Septic Permits Issued FY 99-00



Private Wells

The environmental staff permits and inspects construction sites of all private wells within the District. We require testing for bacteriological, chemistry and volatile organic chemicals on all new wells. The staff is available to assist in the interpretation of water results and resolutions to related well water problems.

Well Permits	101
Private well water samples	72

Water Quality

We inspect and test public bathing areas weekly and outdoor swimming pools regularly throughout the summer season.

Pool inspections	31
Bathing Area Inspections & Tests	131

Housing Code Enforcement

Housing code complaints are investigated with assistance from the Bristol Building Department as needed. The District adopted a Housing Sanitary Code because there is no State of Connecticut housing code. As a result of some inspections, violators are issued an order letter and/or are litigated through the New Britain Superior Court.

Housing Complaint Inspections	287
Director of Health Orders	12
Court Litigation	17
Childhood Lead Investigations	5

Food Protection Program

Prevention of foodborne illness is the primary goal for inspecting restaurants, schools, itinerant vendors and all other food establishments. BBHD requires certification of all food handlers and provides monthly training classes for food workers.

Licensed Establishments	261
Food Service Inspections and Follow-Up	566
Food Handlers Certified	255

Complaints

Numerous complaints are reported throughout the year. We are responsible for responding to the complaints and conducting proper follow-up.

Refuse	85
Sewage	11
Oil spills and Chemical Spills	82
Air pollution	1

COMMUNITY HEALTH

COMMUNICABLE DISEASES

Influenza and Pneumonia Immunizations

Influenza and pneumonia significantly impact individuals 65 years of age and older each year. Immunization is the most effective strategy against influenza.

Flu Administered	1,121
Pneumovax Administered	116

Reportable Diseases

Communicable diseases pose a significant public health challenge due to the fact that they can be transmitted to others in a variety of ways. Reporting of these

diseases by physicians and laboratories is extremely important so that health officials can do proper follow-up, control, and surveillance.

Campylobacter	4
<i>E. coli</i> O157:H7	7
Salmonella	7
Vancomycin Resistant Enterococci	1
Giardia	6
Chlamydia	62
Gonorrhea	9
Syphilis	6
Hepatitis B	12
Hepatitis C	56
Invasive Pneumococcal Disease	7
Invasive Strep B	3
TB Infection	9
TB Disease	2
Lyme Disease	44
Elevated Lead (child < 6 y.o.)	5

HIV/AIDS Counseling, Testing, & Case Management

BBHD was proud to add HIV/AIDS Counseling and Testing as part of the available services. We have been offering counseling and testing since December 1999, and case management since April 2000.

Counseling and Testing	22
Case Management Clients	9

Rabies Activity

Potential animal carriers are sent to the State Laboratory for testing. This information is extremely important for monitoring rabies prevalence in our community, as well as for proper follow-up should there be a human or domestic animal exposure.

Animals Tested

Bristol: 39	Positives: 1 cat*, 2 raccoons
Burlington: 5	Positives: 1 bat

*A number of people were exposed to the rabid cat and required treatment.

At our annual Rabies Clinic, 109 cats and dogs were vaccinated.

Immunization Clinic

Residents of Bristol and Burlington may come to our office during clinic hours to receive low-cost vaccinations and TB testing. The clinic is open Tuesdays 8:30-10:00 a.m. and Thursdays 3:00-4:30 p.m.

Vaccines administered	348
TB Screenings	151

SCHOOL HEALTH

School Nursing

We provide comprehensive school health services to all Bristol schools. These services include mandated screenings for scoliosis and vision.

Visits to School Health Room	76,918
Medications Administered	30,886
Vision Screenings & Rescreenings	7,178
Scoliosis Screenings	3,090
School & Sports Physicals	14

School Dental Program

We provide dental exams, cleanings, and referrals to all Bristol elementary school students in grades K-5.

Children Screened	3,187
Dental Cleanings	1,390
Notices for Follow-Up	689

CHRONIC DISEASES

Bristol Dental Program for the Elderly

This program offers dental cleaning and screening in an effort to improve the oral health of those over 60 years old in our community. Referral services are also available at a reasonable cost. Applications are available at the Health District office.

Exams and Cleanings	170
Referrals	35

Komanetsky Estates Admissions

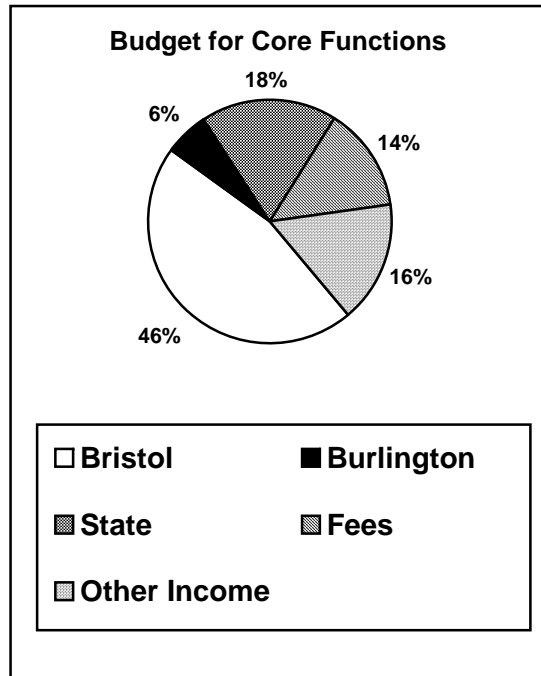
Komanetsky Estates is a congregate housing facility for the elderly. We provided 10 health assessments and evaluations for prospective residents in order to assure the facility was suitable for their needs.

Burlington Senior Programs

◆ We conduct a monthly clinic at the Burlington Senior Center offering basic health screenings and education.
Visits made by participants 132

◆ More extensive health screening services are available yearly to Burlington residents through Elderly Health Screening Services, Inc. They provide affordable health screenings (including Pap tests, breast exams, prostate exams, and electrocardiograms) at the Senior Center.
Testing and Exams 6

Funding Information



BBHD is funded on a per capita formula based on Connecticut General Statutes. During FY 99-00, the District received \$5.15 per capita from the participating towns and \$1.79 per capita from the State. Additional fees are generated through the issuance of permits and licenses. District Core Function expenditures were \$658,111. In addition, the City of Bristol funds the School Health program (\$675,228) and the School Dental Health Program (\$146,697) for a total operating budget of \$1,480,036.

This year the Connecticut General Assembly approved a one-time additional \$300,000 in the per capita appropriations for Health Departments. BBHD received \$9,104 from this appropriation. The Connecticut Association of Directors of Health (CADH) was instrumental in obtaining these additional funds. Dr. Checko is the President of CADH.

Bristol - Burlington Health District

Hours of Operation
Monday through Friday
8:30 a.m. to 5:00 p.m.
Phone: (860) 584-7682
Fax: (860) 584-3814

24-hour Emergency Number
(860) 320-6308



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Jill Roy
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**The BBHD celebrated its
20th Anniversary in October 1999!**

★ Highlights ★

Disease Prevention and Control Programs

BBHD offered several programs to Bristol and Burlington residents through a Preventive Health Block Grant received from the federal government. One 7-week Diabetes self-care program, two 32-week physical activity programs, and two 4-week nutrition programs were held, benefiting about 50 people in total.

A Bone Density Clinic was also held in May. Participants were given an educational presentation and received bone density screenings. They were also counseled following the receipt of their results. Twenty Seniors took part in this screening clinic.

“Freedom from Smoking”— Ten local health departments partnered with the Connecticut Lung Association on a grant proposal for a special smoking cessation program. This 11-week program provided either the nicotine patch or Zyban to participants. Most of the twenty participants continue to be non-smokers and have an on-going support group meeting at the Bristol Senior Center.

Bristol Community Wellness Coalition

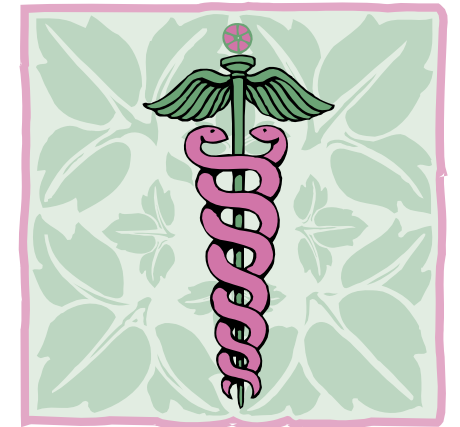
The Coalition’s mission is to work together with the community to improve the health and well being of the people in the Greater Bristol Area. Chaired by the Director of Health, this Coalition serves as the Local Prevention Council (LPC) for Bristol. Below are some highlights from the Coalitions projects and initiatives this past year:

- ◆ Chippens Hill Underage Drinking Conference
- ◆ Eat Healthy Cooking Demonstration, Bristol Home Show
- ◆ Recruited over 200 new Healthy Homes
- ◆ Tobacco Law Enforcement Education for Storeowners, working with Bristol Explorer Scouts
- ◆ Bristol Prevention Initiative for Youth grant

Upcoming Projects

- ◆ The Behavioral Risk Factor Surveillance Survey will be conducted during the winter of 2000-01. This telephone survey will assess the current prevalence of the major behavioral risks among Bristol adults.

Bristol-Burlington Health District



Annual Report 1999-2000

Serving the communities of Bristol and Burlington since 1979.